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POPLAR SPRING Post



Spring 2015

A Newsletter from
Poplar Spring
Animal Sanctuary

Gloria, at right, is a 40 year old mule who was rescued from an abusive owner in South Carolina.

A Mother's Love

Rose was born a female dairy goat. Her only value to the farmer was the milk she produced, which the farmer sold and used to make goat cheese. Every year she was bred and gave birth, and as soon as her babies were born they were forcibly removed, so that all the milk could be used for humans. It didn't matter how much she or the babies cried for each other, as this is the fate of all goats (and cows) who are used for dairy production. The babies were kept



Rose on arrival

for only a few months and then sold for goat meat, as they were considered merely a byproduct of the industry. Rose was never able to know her own offspring, to nurse them, to play with them and teach them, as nature intended. She was very lonely and spent her days being milked frequently, and being fed just enough to survive. As the years passed her condition deteriorated, and her milk production dropped. This meant a decline in profits for the farmer, so even though Rose was only six years old, one hot August day she was loaded onto a truck and sent to slaughter, just like her babies who had gone before her. Rose was starving and very weak, as the farmer had fed her even less when it was decided she was going to be sold. But

inside, Rose was very strong, and determined not to die. Because she had a secret, one that no one could tell due to her emaciated condition.

Rose was pregnant. And this time, she intended to fight not only for her life, but for that of her unborn babies too.

When the truck pulled up to the loading dock at the slaughterhouse, Rose bravely mustered everything she had and made a huge leap out of the truck and landed, literally running for her life. This was a busy section of Queens, New York, and Rose ran wildly in and out of the heavy traffic. She managed to get many blocks away before police officers darted her with a tranquilizer, and she fell onto the pavement. Amazingly they did not take her back to the slaughterhouse, where it was assumed she had come from, but instead turned her over to the local animal control. From there she was transported to Poplar Spring by Mike and Wendy Stura of Skylands Animal Sanctuary in NJ.

When Rose arrived at the sanctuary she was very thin and scared. She had obviously never known any human kindness, as she trembled violently whenever she was approached. We set her up in a warm stall with lots of hay and soft bedding, and she began to eat ravenously. As the days went by she began to relax a little, but she was still extremely wary of people. She ate as much as we would give her, and over the next few weeks she began to fill out and gain weight, which we were happy to see. About two months after she arrived, Rose suddenly had a very large belly and



Mark Peters

The happy family

udders, and a few days later she surprised us with twins! She was a doting mother to her newborns, and anxiously watched us whenever we were in her stall, waiting for us to take her babies as they had been stolen from her so many times before.

But finally, for the first time in her life, Rose was able to truly be a mother.

She was and is the most attentive of goats, nursing her babies, grooming them, and teaching them how to behave. The three are always together, she never lets them out of her sight. Every night they sleep cuddled together in their private stall. While they are sleeping Rose often rests her head onto the backs of her babies, who we named Heather and Ash. During the day they run and play in the pastures, climbing to the top of the large hay bales, and all 3 sliding down like little children over and over. She is so blissfully happy to be with her kids, and now they will be able to stay together, a happy family safe and in peace, for the rest of their lives. ■

Bella and Fiona

Rescued from Starvation

In December we took in two beautiful Quarterhorses, a mare and filly, from a terrible cruelty case in Montgomery County, MD. Seven horses were seized

so emaciated that even though she was due to foal in two months it was not obvious that she was pregnant. Her baby, Fiona, was born two months after their



Kattlyn Priola

Bella and baby Fiona

by animal control from a nearby farm where they had been severely starved, neglected and kept with inadequate shelter and no water. They were in such bad condition that one of the horses died after being rescued. Bella, the mare, was

rescue, and was miraculously healthy and normal. Prosecution of the owner of these horses is still pending.

When Bella was rescued her feet were very cracked and overgrown and her tail was so matted it had to be cut off. It was



Maureen McGowan

Grazing is a favorite pasttime



OUR MISSION IS TO:

- offer care, rehabilitation, and permanent sanctuary for rescued farm animals
- provide protected habitat for wildlife
- furnish information to the public regarding farm animal and wildlife issues
- promote compassion and humane treatment for all animals



A Newsletter from
 Poplar Spring Animal Sanctuary
 P.O. Box 507
 Poolesville, MD 20837
 301-428-8128
info@animalsanctuary.org
www.animalsanctuary.org

not known when she had last been groomed or had her hooves trimmed.

Today Bella and little Fiona are the picture of health. They are fat and happy, galloping, grazing and playing on the 400 acres of pastures and woods with the other rescued horses and Gloria the mule. Fiona is growing quickly, but is never far from her very attentive mom. They are enjoying their life, and will be able to happily live together for the rest of their days. ■

Twelfth Annual Run for the Animals

Sunday, May 17, 2015, 8:30 a.m. • Wheaton Regional Park, Shorefield Rd., Wheaton, MD

Join us at our Twelfth Annual 5K Run and 1 Mile Fun Walk! This year we will continue our beautiful course at Wheaton Park. We will again provide disposable Timing Chips – no need to return them! If you're not into running, come on out and try the Fun Walk, where you can take a one mile or an optional 1.7 mile stroll past the lake. (Dogs and strollers are welcome (on the Walk course only), and we will have dog and people raffles after the race!) All pre-registered participants will receive a free organic cotton t-shirt and donated goodies from our sponsors. Monetary prizes will be awarded to the top 3 overall male and female finishers. Awards will be given for top finishers in each age group and to the two entrants with the highest amount of sponsorship funds raised. All proceeds will benefit the rescued animals. Register at <http://poplarspring.kintera.org> or fill out and send in the registration form below with your check or charge information by **May 12** to PSAS, P.O. Box 507, Poolesville, MD 20837 or email info@animalsanctuary.org Directions and more information at www.animalsanctuary.org Questions? Want to Volunteer? All volunteers will receive a Race T-shirt. Contact PoplarSpringRun@yahoo.com or call 301-625-9321 Come on out and Run (or Walk!) for the Animals!



A big thanks to Lisa Berigan, Radio host of BIG 100.3, who will once again be the MC for the race! And to

the 5K Run Committee who spent many long hours planning this event – THANK YOU Sean Conner, Naomi Dyer, Howard Edelstein, Mary Finelli, Cam MacQueen, Katie Vann, Robin Walker and Donna Zeigfinger for making this such a fun and well organized event!

And a special thanks to Rich Peppin, A Well Fed World, Conscious Corner, RnJ Sports, and all our wonderful Race Sponsors – check out our website for the full list!

Registration Form for Poplar Spring Run for the Animals - May 17, 2015

5K Run 1 or 1.7 Mile Fun Walk

Last Name: _____ First Name: _____

Address: _____ City: _____ State: _____ Zip Code: _____

Sex: Male Female Age on May 17, 2015: _____ E-mail: _____

Phone: _____

Payment type: Check Cash Credit Card: Visa Master Card

Credit Card #: _____ Expiration date: _____ Signature: _____

Fee: (\$28 by April 20, April 21-May 16 \$30, Race Day May 17 \$35) _____

I would also like to include a donation to benefit the animals at Poplar Spring

Donation amount: \$ _____ Total: \$ _____

Emergency Contact: Name: _____ Phone # _____

In consideration of you permitting me to participate in this event, I hereby release the organizers of this event, their agents, volunteers and the event sponsors from all liability, and I waive, as against the organizers, agents, volunteers and event sponsors, all claims of any kind whatsoever I may have for personal injuries or property losses suffered by participation in this event. I certify that I have full knowledge of the risks involved in this event and I am physically fit and able to participate, and that unless indicated to the contrary by the signature of parent/guardian below, I am 19 years or older.

Signature: _____

Mail by May 12 to: PSAS RUN, P.O. Box 507, Poolesville, MD 20837

In Honor and In Memory Of

Thank you to all those who remembered a special person or animal with a donation to Poplar Spring. This is a wonderful way to honor someone, and to help animals at the same time! Special thanks to Holistic Veterinary Healing for their many donations in memory of their client's animals. We would like to dedicate this issue in memory of Dorothy Karkanen, a wonderful supporter and friend since our very beginning, and Zachary Myles, a volunteer and friend of the animals who left us way too soon.

In Memory Of People

Aunt Mike
Robert Ades
Esther Bass
Elizabeth "Betty" Bassett

Figurova Savitch Fosse
Adrienne Hornstein
Frieda Indech
Cliff Kaminsky

William "Bill" Kaplan
Dorothy Karkanen
Joan Lyons
Susanne Lytle

Paul Mannina
Lillian McCann
Bruce Myles
Zach Myles

David Nesbitt
Bethany Richmond
Barry "Sal" J. Salpino
Figurova Savitch-Fosse

In Honor of People

Lynn Abbott
Morris Albert
John Albright
Gary and Marie Allen
Julie Arner
Valerie Aschenbach
Ryan Asdenti
Randy Auerbach
Cindy Baskin
Rebecca and Mike Basla
Miranda Beck
Parendie Birdie
Lori Blair
Lisa Borghesi
CSheryl Bottner
Rosemary Brennan
Eric Burdo
Burka Family
Kelly Buroker
Lauri Caplan and Alissa Parker
Sara Carlisle and Graham Knowland

Allen Carlson
Michele Carsrud
Jennifer Cassidy
Ava Maya Chambers
Armaan Hansen Chopra
Jamie Cohen
Ashley Conboy
Jane Corcoran and Patti Iaculla
Brian Daugherty
Shida Dayani
Gina DeNofa
Steph Dignan
Paige Doster and Jesse Grimes
Julia Duryee
Robin Farber
Major Jason and Mrs. Lydia Fetting
Dottie Fitzgerald
Steve Fleshman
Sharon Foery
Gwen Frederick
Jim Fremont

Grace Froelich
Dave and Sue Funkhouser
Florence Giaque
Steve Garron
Ellie Goldenberg
Bill and Sondra Gregory
J. Hall
Carolyn Hamilton
Carole Hamlin
Brian Daugherty
Karen Hansen
Rob Haworth
Chip Hill
Christine Hill-Byrne
Titi Hoang
Evelina and Michael Hobson
Pam Holder
Donna Hoyle
Joan Huff
Vicki Hunter
James, Ed and Michael
Fern Jarmulnek
Meg Jarvis

Hilary Jones
Denna Kazempour
Mindy Kursban
Elissa Lane
Michael Lawrence
Julie Lehman
Beth Levine
Jonathan Lewis
Wade Lindsay
Dr. Carol Lundquist
Terri Lundy
Victoria Mannina
Maureen McGowan
Mark McKenzie
Suzanne McMillan
MeetUp Volunteers
Thomas and Kate Metkus
Emily Carter Meyer
Asha Mitchell
Politiiti Mantzouranis
Kathy Martin Family
Wendy McPherson

Catherine Moore
Esther Newman
Laura Otolski and Jamie McCarthy
Ashley Owen
Christin Perry-Michalik
Uma Prabhu
Amy Pratt
Flip Pressman
Lisa Priester
Erica Salpino Porter
Brendan Radzely
Devin Radzely
Will Rambo
Tracey and Mike Ramse
Reynolds Family
Anita Rice
Eric Ries
Greg Richards
Susan Ringland
Howard and Carol Rosenberg
Cindi Saadi

Patty Salpino
Trudy Scanlan
Joanne and Eric Scott
Arnold Sheir
Mary Smith
Norma Smith
Robert and Mary Smith
Rebecca Smithson
Meghan Sommers
Anita Sommers
Kimberly Sparklin
Phil Staelens
Gary Staples
Rhonda Starr
Vivien Straume
Liz Sussan
Carole Sutton
Ziona Swigart
Sheila Taylor
Dar Veverka
Nicholas von Blackwood
Donna Zeigfinger

In Honor of Animals

Adam the Sheep
Francine

Happy the Pig
Lemekin

Pele
Pueblo the Goose

Toby

In Memory Of Animals

Aimee
Alexandra
Alf
Alina
Allison
Amanda
Annie
Baxter
Bertha
Bobby
Bookie
Brownie
Bruno
Bucky
Bun Bun
Buttons

Caroline
Charlotte
Chelsea
Cherokee
Coco
Cooper
Cosette
Daisy Mae
Delilah
Domino
Duchess
Duke
Edward NotMichael
Eli
Emilene
Emma

Felicity
Fielding
Georgia
Ginny
Harley
Harrison
Harry
Honey
Jaguar
Jesse
Jonah
Julio
Kiwi
Ky Ho
Lanie
Libby

Liebchen
Lily
Lilly
L'Orange
Lucky Noodle
Lucy
Luigi
Luna
Maggie
Mamasan
Marie Cat
Marius
Molly
Montana
Monty
Olive

Opal
Parker
Peanut
Peppermint
Phil
Polly
Pumpkin
Rocky
Romeo
Russell
Rusty
Sadie
Sal
Sesha
Shasta
Shelby

Sky
Soleil
Snookie
Sprital
"The Girls"
Tilly
Tommy Shaw
Tori
Truffles
Virgil
Woo-Woogums
Xena
Zack
Ziggy
Zoe
Zsa

Special Ways to Give to the Animals

Combined Federal Campaign – If you are a Federal employee, please consider us when selecting an organization to support in the Fall Campaign. **Our CFC code is #62455**

Stock Donations – If you would like to make a stock donation, please provide your broker with the following information:

Broker: Morgan Stanley Smith Barney

for Poplar Spring Animal Sanctuary
Acct.#785-319931-301

Stock donations are tax deductible and can reduce your capital gains tax

Bequests – Help to leave a legacy for the animals by making a provision for Poplar Spring Animal Sanctuary in your will or by designating Poplar Spring as a beneficiary in your life insurance policy. Our tax ID# is 52-1970569. Please

contact us at 301-428-8128 or info@animalsanctuary.org if you have questions.

Vehicle Donation – Help the animals by donating your vehicle! Your car, truck, boat or RV will be picked up promptly and you will get a tax receipt. Just go to v-dac.com for all the information, and designate Poplar Spring as the non-profit. ■

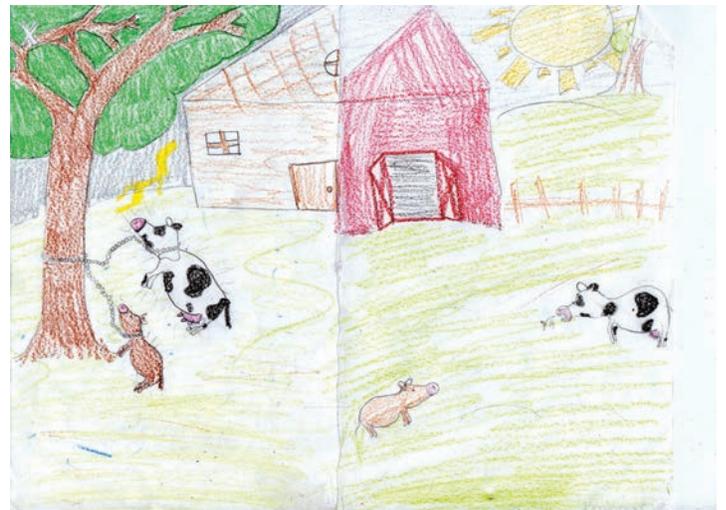
KID'S CORNER

Many thanks to all the kids who helped the sanctuary in lots of unique ways:

- **Beth El Preschool** in Bethesda, MD raised \$250. to sponsor animals for their preschool class.
- **Bethesda Girl Scout Troop #5906** had a bake sale and raised \$168. for the animals.
- **Bnai Tzedek's Greenzaid Early Childhood Center** raised funds to sponsor animals for their nursery school classes again this year.
- **Jane Fleischman**, age 13, volunteered and gave \$125. from her Bat Mitzvah for the animals
- **Girl Scout Troop #6432 from Bethesda** came for a tour and donated \$100 from cookie money sales.
- **Girl Scout Troop #21** donated funds to sponsor a rabbit.
- Students from **GymKids, Inc.** in Rockland County, NY rallied to help free calves Clifford and Juliet (originally named Rosie and Junior) when their teacher informed them of the animals chained to a tree on a local farm with no shelter, food or water. They drew pictures of how the calves were being kept, and how they should be. Their sentiments and public pressure helped convince the farmer, who was planning to sell them for slaughter, to release them to the sanctuary. The organization also donated to help pay for feed and care for the rescued animals.
- **Denna Kazempour** donated \$150. of her birthday money and brought her friends to volunteer on her 13th birthday.
- **Uma Patnaik** asked guests to give donations to the sanctuary in lieu of gifts for her eighth birthday.



Children from GymKids, Inc. drew pictures of calves Clifford and Juliet (aka Rosie and Junior) to help save their lives.



W I S H ★ L I S T

Funds

Gift Certificates from Southern States
(for animal feed and supplies)

Folding chairs

Donations for Yard Sale and/or Silent
Auction

Stamps

Photo Paper

Paper Towels

AA, AAA or D Batteries

Ecover all purpose cleaner

Copy Paper

Exam Gloves

Wild Bird Seed

Apples and Bananas

6 or 8 ft. folding tables

Sanctuary News and Notes

Another long winter is finally over, and we are all happily recovering from a second year of record cold and snow. Thankfully all the animals had warm barns to sleep in, and despite the numerous below freezing temperatures, everyone did

space has been quickly filled. A huge thanks to everyone who donated for this critically needed shelter!

Many new animals were rescued this past year, but the most widely publicized rescue was without a doubt the 15 baby chickens who were



New pig barn

very well. Thanks to many generous donors we were able to build an additional barn for our 46 pigs, just before the coldest season set in. This large shed was desperately needed after taking in 10 pigs (including mother pig Abbie and her 7 newborn babies)

mailed to a D.C. resident by her ex-boyfriend. They were accompanied by a note which stated that there were “plenty of other chicks out there.” When the woman received the box and read the note she angrily stated she was going to throw them in the trash.



Abbie and her piglets arrive at Poplar

from a broken down pen full of nails and trash in a trailer park in North Carolina. All the pigs from this rescue are now happy and healthy and are enjoying sleeping in soft straw beds. The piglets have grown rapidly and the extra

one, several news stations came to the sanctuary, and the story was picked up by the AP and sent around the world. Many people were unaware that it is legal to ship baby chicks in regular postal mail, despite the fact that it often



Rescued chicks

results in the injury or death of some of the birds. (Two of the chicks in this package were dead on arrival at the shelter). Hopefully more humane laws will make this barbaric practice illegal in the near future.

Our special events over the past year were very well attended (See back page and page 3 for dates and info on this year's events.) Our 11th annual Run for the Animals, held in May, was a great success. Over 600 people

treats from the awesome Randy Radish food truck, who donated all proceeds to the sanctuary. Our Open House and Fundraiser in October brought large crowds of supporters, and raised an amazing \$77,000. for the rescued animals. Many friends and local businesses contributed fabulous food and drink for the event, and we auctioned off over 300 generously donated items in our silent auction. In November close to 1,000



Thanksgiving with the Turkeys (and friends!)

participated in the 5K Run and one mile Fun Walk, which was held again in beautiful Wheaton Park. In July we once again participated in the Montgomery County Farm Tour. Visitors to the farm enjoyed hay rides, our giant yard sale, and delicious vegan barbecue, fries and other

people attended our Thanksgiving with the turkeys. The huge potluck offered more than a hundred delicious vegan dishes, and as always watching the turkeys enjoying treats at their special tables, and the feeding of the pumpkins to the pigs were the highlights of the day. ■

Maureen McGowan

Maureen McGowan

Maureen McGowan

Help Poplar Spring Animal Sanctuary by Becoming a Farm Animal Sponsor!

Are you someone who would love to bring a farm animal home but just don't have the room? Then a sponsorship of your favorite animal is the answer! For a small monthly donation you can help support the animal of your choice—your sponsorship will help cover food, bedding and veterinary costs. You will receive a framed photograph and your animal's story, along with the opportunity to visit in person. Sponsorships also make a unique gift for friends and relatives! With your support we can continue to rescue even more animals who desperately need a home.

Monthly Sponsorship Rates

Chicken	\$5.00
Rabbit	\$7.00
Turkey	\$8.00
Goat	\$15.00
Sheep	\$15.00
Pig	\$20.00
Cow	\$25.00
Horse	\$30.00

If you would prefer, sponsorships can also be paid on a quarterly or yearly basis.

Thank you for helping us to save animals!

Please make check payable to Poplar Spring Animal Sanctuary.

Please mail your completed sponsorship form to:
Poplar Spring Animal Sanctuary
P.O. Box 507
Poolesville, MD 20837

Phone: 301-428-8128
E-mail: info@animalsanctuary.org
Web: www.animalsanctuary.org



Yes! Please sign me up!

Please print all information clearly.

I would like to sponsor a _____ (type of animal).

Name _____

Street Address _____

City, State, Zip _____

Phone _____ E-mail _____

Check Enclosed for \$ _____ Monthly Quarterly Yearly

Charge \$ _____ to my Visa/MasterCard Monthly Quarterly Yearly

Credit Card Number _____ Exp. Date _____

Signature _____ 3 Digit Code _____

This is a Gift Sponsorship

Name of Recipient _____

Street Address _____

City, State, Zip _____

I would like more information on: Volunteer Opportunities Gift Donations



Suzanne Thurston



**Poplar Spring
Animal Sanctuary**
P.O. Box 507
Poolesville, MD 20837

Non Profit
Organization
U.S. Postage
PAID
Permit No. 10480
Suburban MD

Address Service Requested



Maureen McGowan

Turkeys are friendly and curious

HELP THE ANIMALS – DONATE YARD SALE OR AUCTION ITEMS

Do you have good quality items (anything except clothing or shoes) that you don't need? Why not help the animals and donate them to our giant yard sale on July 25, or for new, antique items, jewelry or crafts to our silent auction at the Fundraiser on September 27? All donations are very much appreciated, and you will receive a receipt for tax purposes. If you own or know of a business that might be willing to donate any goods or services for the auction, we would be very grateful, and the animals will thank you too!

Upcoming Events

To ensure fun and safety for all, No Dogs at events on the sanctuary grounds, please! (Dogs are welcome at the Fun Walk at Wheaton Park on May 17)
Events will be held rain or shine, and all proceeds benefit the rescued animals.

Twelfth Annual Run for the Animals – Sunday, May 17, 2015 8:30 a.m. (details on page 3)

Montgomery County Farm Tour – Saturday, July 25, 2015 10 a.m. – 4 p.m.
Come on out and meet the animals and enjoy hay rides and refreshments for sale. Shop for t-shirts, sweatshirts, and handmade crafts in our gift shop, and for hidden treasures at our giant yard sale in the carriage barn.

Eighteenth Annual Open House and Fundraiser – Sunday, September 27, 2015 1-5 p.m.

Our biggest event of the year – and everyone's invited! Enjoy a live band, delicious catered food and drink, a fabulous silent auction, clowns and face painting, speakers, and the opportunity to stroll around and visit the rescued animals. No admission fee, but donations (of any amount) are very much appreciated. RSVP requested.

Thanksgiving with the Turkeys – Saturday, November 21, 2015 - 12 noon – 4 p.m.
Come celebrate Thanksgiving WITH the turkeys – join our friendly turkeys and all their friends in celebrating a cruelty-free Thanksgiving potluck. Please bring a vegan (no meat, dairy, or eggs) dinner or dessert item to serve 8. \$10.00 suggested donation to benefit the animals. No charge for children under 16.