On a cold and rainy winter night in a rural area of southern Virginia, a family carried stacks of boxes and furniture out of their run down farmhouse. Forced to leave, the family was being evicted for failing to pay the rent on the farm where they had lived for many years. They packed up all of their belongings, making several trips to a relative’s home. On the final evening they closed the door, piled into the car and drove down the gravel road one last time.

A quiet emptiness settled on the old farm. Everything of value that the family could cart away had been taken. But there was one thing, one very precious possession that they had unbelievably left behind.

Her name was Juniper.

Alone and cold, Juniper the goat was left standing in a weed-riddled field; a leaking old shed her only shelter. She could not understand why she had been abandoned - the family pet, she had played with the children and enjoyed affectionate scratches and much attention. Now there was no one to run and play with, nobody to feed her hay or grain, or to bring her buckets of fresh water. But surely her family would come back for her. Juniper circled the field, trapped in the pasture by a rusted fence, calling and crying out for help. She waited and waited but the people never returned.

Weeks turned into months, and Juniper struggled to stay alive. With no food except for bushes and dead grass, and only rainwater and melted snow to drink, she became weaker and thinner as the days passed. Neighbors who were near the old farmstead noticed Juniper, but did nothing, believing it was none of their business. It was not until the following summer, after nine whole months had passed, that somebody finally made a call to the authorities.

Juniper, now unable to even stand, could move only by crawling on her knees.

An animal control officer picked Juniper up and took her to her own farm, where she had several other rescued animals. There were no veterinarians in this area that would agree to work on a goat, however, and the officer decided that Juniper’s health issues were more than she could handle. She called Poplar Spring, and we agreed to give Juniper a home.

It was miraculous that Juniper had survived. Propped up with some blankets in the back of the officer’s station wagon, she was too weak to struggle. When she arrived at the sanctuary her feet were infected so severely that we could smell a terrible odor, even before the door to the car was opened. We gently carried her to the large animal sling, which held her suspended for our exam.

Juniper was seriously ill. Because she had been forced to stand in mud and on wet ground for many months she had multiple problems, most notably severely overgrown hooves that were badly infected. Worse, a blacksmith that the officer had called had attempted to treat her infections with some old remedy, by wrapping her feet with duct tape. This had only sealed up the infection and when we carefully removed the tape, she cried out in pain as skin and hair came off with it. Due to the inflammation in her feet, Juniper had apparently been walking on her knees for some time. Because of this her tendons had contracted and she was now unable to straighten her front legs. We trimmed her hooves and cleaned them thoroughly with antibacterial solution. Juniper was obviously suffering from starvation and dehydration. She was emaciated, and her hair was dull and dirty and missing in patches. She also had a terrible cough and a runny nose and we suspected she had pneumonia. We treated her with antibiotics and fluids, dusted her and treated her for parasites, then carried her to the barn.

continued on page 5
Sometimes a miracle happens in an animal's life. Sometimes, just seconds before they are destined to die they are miraculously rescued. Ten billion animals are killed for meat each year in the United States, and miracles like this happen very rarely. But it happened to two amazing animals recently who were lucky enough to not only escape from certain death, but to end up at Poplar Spring.

Adam

We may never know the details of the first months of Adam’s life, but we do know that someone somewhere must have loved him. He came to us an affectionate ball of fluffy wool, afraid of no one, and wanting nothing more than to be hugged and petted. Even from the beginning he would run up to strangers, look directly into their eyes and then wag his little tail with bliss for even the briefest pat or scratch that was given to him. Despite the sinister situation he was rescued from, Adam loves everyone. He was found in a wooded area in Washington D.C., surrounded by five men who were carrying a bloody butcher knife and a bottle of barbecue sauce. An alert citizen walking through the woods to a metro station reported the scene to the police, and the men were thankfully arrested before they could carry out the ritual slaughter they intended. Judging from his very poor condition, Adam had been kept in the tiny filthy crate he was in for quite some time before being taken to the woods. He was very thin and his wool was matted and covered in manure. Despite this, he was friendly and happy, seemingly oblivious to what had been about to occur. Months later, Adam is now fat and healthy, and enjoys running and playing in the pastures with all of his sheep and goat friends.

Opal

Very few animals make it past the walls of an actual slaughterhouse, but one recent morning in Virginia, a very brave and lucky turkey named Opal made it out alive. She and 3 turkey friends were seen running away from such a facility, across a busy highway. They crossed four lanes of traffic and a median strip before coming to a halt at a chain link fence. Two kind women who just happened to be driving along the road (and who happened to be vegetarians!) jumped out of their car to try to rescue the terrified birds. With only an empty laundry basket they ran and chased for 45 minutes with no success, until the slaughterhouse workers arrived to retrieve their “property”. The women tearfully begged and pleaded with the workers not to take the turkeys back to their deaths, but the men were unmoved. Reluctantly, they finally agreed to give up one turkey, saying they would tell their boss that she had been hit by a car. But

continued on page 5
Second Annual Run for the Animals

Sunday, May 22, 2005
8:30 a.m.
Wheaton Regional Park,
Shorefield Rd., Wheaton,
Maryland

Our first Race last year was so successful, we’ve decided to do it again – A big thanks to Naomi Dyer and Howard Edelstein for organizing and planning the race again this year! The 5K Run and 1 mile Fun Walk will be held as last year, near the miniature train station in Wheaton Regional Park. The challenging USATF certified course takes you through the park’s paved and gravel trails. And if you’re not into running, come on out and do the Fun Walk, where you can take a one mile stroll past the lake. All pre-registered participants receive a Race t-shirt and Goody Bag. Prizes will be awarded to the top 3 overall men and women finishers and for top finishers in each age group. All proceeds will benefit the rescued animals.

Registration Fee: $20 if registering before May 1, May 1-21 -$25. Race Day registration - $28. Sign up at www.signmeup.com/50786 or fill out and send in the registration form below with your check or charge information by May 13 to PSAS, P.O. Box 507, Poolesville, MD 20837. Packet Pick-up/Registration will be held on Saturday, May 21, 2005 from 9:00 a.m. to 2 p.m. at My Organic Market, 11711 B Parklawn Drive, Rockville, MD. Packet Pick-up/Registration will also be held at Wheaton Regional Park from 7:00 a.m. until 8:30 a.m. prior to the beginning of the race on Sunday, May 22, 2005. Directions and more information at www.animalsanctuary.org

Questions? Want to Volunteer? All volunteers will receive a Race T-shirt! Contact Naomi at 240-401-7627 or Naomi or Howard at PoplarSpringRun@Yahoo.com

Come on out and Run (or Walk!) for the Animals!

Registration Form for Poplar Spring Run for the Animals May 22, 2005

5K Run  1 Mile Fun Walk

Last Name: _______________________________ First Name: _______________________________

Address: __________________________________ City: __________________________ State: ______ Zip Code: ____________

Sex: ___ Male    ___ Female    Age on May 23, 2005: _______    E-mail: ______________________________

Phone: ___________________________ T-shirt size: ___ XL ___ L ___M ___S

Payment type:  ___ Check   ___ Credit card    Credit Card: ___ Visa   ___ Master Card

Fee: ($20 by April 30, otherwise $25) ______

___ I would also like to include a donation to benefit the animals at Poplar Spring

Donation amount: $_________________ Total: $ __________________

Emergency Contact: Name: ___________________________ Phone #: __________________________

In consideration of you permitting me to participate in this event, I hereby release the organizers of this event, their agents, volunteers and the event sponsors from all liability, and I waive, as against the organizers, agents, volunteers and event sponsors, all claims of any kind whatsoever I may have for personal injuries or property losses suffered by participation in this event. I certify that I have full knowledge of the risks involved in this event and I am physically fit and able to participate, and that unless indicated to the contrary by the signature of parent/guardian below, I am 19 years or older.

Signature: __________________________________________

Mail by May 13 to: PSAS RUN, P.O. Box 507, Poolesville, MD 20837
In Honor and In Memory Of

This issue of the Poplar Spring Post is dedicated in loving memory to two very special individuals: Mr. Carlyle Cochran, without whose generosity and support Poplar Spring would not have been possible, and Ann Cottrell Free, a longtime activist and friend to the animals.

In Honor Of

Nancy Bleil
Lorian Bristow
Lynn Butler
Donna Rae Castillo
Michael Glascoe
Carole Hamlin
Betsey Lehman
Wade Lindsay

Madeline Melch
Emilio Mendez
Heather Menelee
Randi Michon
Stephanie Nichols
Patricia O’Neill
Betty Rogers
Sarah Rogers

Lila Smith
Frances Stanford
Odin and Nancy Tidemand
Emily Turner
Janice West-Petichans
Mark and Maureen Williams
Sandra Yarrington

In Memory Of

Terry Berkovsky
Carlyle Cochran
Ann Cottrell Free
Norman G. Paul
Herman Ruoff
Joan V. Stone
Abercrombie
Alexander
Ally
Amber Rose
Annie
Astrid
Bella
Benny
Bethany
BJ
Brandie
Brownie
Bullett
Bunny
Center
Chelsea
Chewy
Chocolate
Clinton
Cognac
Colette
Cooler
Cooper
Dagmar
Daisy
Danny
Daphne
Debbie
Derby
Divine
Drifter
Elliott
Emily
Emma
Fanto
Frankie
Fritz
George
Ginger
Gray
Greba
Gwyneth
Howard
Imani
Jacob
Jake
Jasmen
Jersey
Katie
Kerry
Kuala
Kylie
Lucy
MacDui
Maggie
Magnolia
Mamasan
Max
Maya
Missy
Misty
Moka
Mulligan
Nikki
Nu-nee
Oliver
Ophelia
Oreo
Oscar
Penelope
Petunia
Pierott
PJ
Ramona
Reno
Rikki Tikki Tavi
Romeo
Rusty
Sam
Samantha
Sammy
Savannah
Scout
Seeker
Seagram
Snowdrop
Sunny
Taggart
Taz
“The Girls”
Tina
Tin
Tin
Tootie
Voets
Winnie
Wolfe
Wonder
Wong Mo

Special Ways to Give to the Animals

Stock Donations – Poplar Spring can now accept donations of stock. If you would like to make a stock donation, which is tax deductible and will reduce your capital gains tax, please provide your broker with the following information:

Broker: Smith Barney
DTC # 0418 for Poplar Spring Animal Sanctuary
Acct.#628-23506-17-320

Bequests – Help to leave a legacy for the animals by making a provision for Poplar Spring Animal Sanctuary in your will. Please contact us if making a stock donation or bequest, so we may thank you for your generosity.

Sanctuary Sponsors – Sanctuary sponsors are those donors who have made a major contribution to Poplar Spring ($1,000 or more). These generous donations make it possible for us to continue our important work of rescuing abused and abandoned animals into the future. Sponsors will receive unique benefits such as special recognition and personal invitations to special tours and sanctuary events, along with open visiting opportunities.

Poplar Spring Animal Sanctuary is a 501(c)3 organization, and all donations are fully tax deductible as allowed by law.

Thank you for helping us to make a difference for animals!
**Left Behind**

continued from cover

There, for the first time in almost a year, Juniper had a warm dry bed of fresh straw, and all the timothy hay she could eat. She eagerly began munching on the hay, but she was soon exhausted from her long trip and wanted to sleep. I stroked her neck, and told her she was home now, and she sighed and laid her head in my lap. She seemed to understand that her days of pain and loneliness were finally over.

Juniper has come a long way since her arrival. She has gained weight, has a bright shiny coat, and is healthy and happy. She loves to eat strawberries and popcorn, and of course she receives lots of extra care and attention. Although she still walks with her front legs slightly bent, she has no trouble getting around and follows the other goats everywhere. We hope that with continued physical therapy she will one day walk normally. And now she will never be alone again.

**Adam and Opal**

continued from page 2

how could they decide who should live and who should die? With this terrible dilemma, the women looked at the turkeys, who the workers were now dragging with a hook by their legs across the grass. Three of the turkeys were struggling violently, fighting for their lives. But one of the birds had given up, her eyes closed and her head hung limply, as it was dragged along on the ground. “We’ll take that one,” one of the women decided. And with that, Opal was placed gently in the laundry basket in the car, and was off to begin her new life.

After a shower to wash off the dirt from the slaughterhouse, Opal began to perk up and adjust to her new surroundings. The women gave her the run of their apartment, and she strutted around, checking things out. After a short time, she flew up and perched on the bed, deciding that this was where she wanted to spend each night. She ate organic lettuce and other treats, and would yelp loudly, demanding company, if she were ever left alone. After a few days, the women realized that a one-bedroom apartment was not the ideal situation for Opal, and they called Poplar Spring. Opal’s unique personality was apparent from the beginning. After picking her up and driving her back to the sanctuary, we let her out of her crate near the car. She walked right behind and followed us into the house. It was dark when we arrived, so we decided that Opal could spend her first night in the house, and we would take her to the barn in the morning. She followed us into the living room, and hopped right up on the couch and plopped down to begin watching television. We fed her grapes and strawberries, which she ate with delight, and she has loved and followed people ever since.

Now in the big barn surrounded by her many turkey and chicken friends, Opal is able to do what she could never do before; lounge in the sun, take a dust bath, and breathe fresh air. Although the turkey farmer had cut off her beak tip and the end of her toes (this is done to prevent fighting in the intense confinement on turkey farms), she still loves to scratch and peck in the dirt and to eat grass and seeds, and she enjoys being petted and hand fed treats. Opal will now be able to live a long and happy life at the sanctuary – she is one of a very lucky few.

**WISH LIST**

<table>
<thead>
<tr>
<th>Funds</th>
<th>Donations for yard sale</th>
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<tbody>
<tr>
<td>Gift Certificates from Southern States (for animal feed and supplies)</td>
<td>Good quality hay</td>
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<td>Portable winch</td>
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<td></td>
<td>6 or 8 ft folding tables</td>
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<tr>
<td></td>
<td>Donations for silent auction</td>
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<td>Stamps</td>
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</tbody>
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Many thanks to all the kids who helped the sanctuary in lots of unique ways:

- The Fourth grade class at Temple Beth Shalom in Arnold, MD collected $75.00 as Tzedakah (charity) money to help the animals.
- Wynne Leahy, age 8, held a bake sale and raised $50.00 to benefit the animals.
- Hannah Sangillo raised $85.00 from her second summer fundraiser for Poplar Spring, and sold cookies, lemonade, and handmade bookmarks and magnets that she created from animal photos.
- Mr. Wesley’s World Studies class at Thomas W. Pyle Middle School raised over $234.00 for the animals.
- Jonah Goldman, who donated part of his Bar Mitzvah money for the animals, (and a big thanks to Dad Seth, who matched his donation!)
- Madeline Melch, Emilio Mendez and Heather Menefee who all requested donations to Poplar Spring in lieu of gifts for their birthdays.

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**KID’S CORNER**

Isabel by Jessie

Milo by Maddie S.

Jessie and Maddie are 1st graders from Barnesville School
Sanctuary News and Notes

2004 was another great year for the sanctuary and for the many new rescued animals we took in, who will now be able to live out their lives in peace and happiness.

In the last several months there were a number of chickens, guineas, goats, pigs, sheep and other animals that were picked up by various animal control groups and brought to Poplar Spring. A few of our favorites are Cornelius and Leopold, two beautiful Japanese Silkie Roosters who were found in a cage behind a Chinese restaurant in Washington D.C. (there was no water, but a small bowl of rice was in their cage) and Chelsea, a very small and very lovable goat that was found wandering in a residential neighborhood in Hughesville, MD. After five weeks at the shelter with no one claiming her, Chelsea came to live at Poplar Spring. She is almost like a dog, and will hop into any car if the door is open for more than a minute.

This year we again offered educational tours to thousands of visitors. Many groups and individuals volunteered, sponsored, and helped to care for the more than 200 animals that call the sanctuary home – thank you to everyone who gave their time and talents – we could not do it without you! Girl scouts from Troop 2261 working on their Bronze Award project collected and fed pumpkins to the very appreciative pigs. (See our Kids Corner for other unique ideas that kids had to help the animals.)

Our special events last year went very well. (See back page for dates for this year’s events.) Although it rained in the morning, we still had a good turnout and over 600 people visited the farm for the Montgomery County Farm Tour in July. Everyone enjoyed meeting the animals, our giant yard sale, hayrides and refreshments. In September, our 7th annual Open House and Fundraiser was our most successful to date, thanks to all of the wonderful volunteers, businesses and individuals who donated delicious food, drinks, and fabulous items for our Silent Auction, and to all our wonderful supporters who attended and gave contributions. This year DJ and friends from the fabulous veg restaurant Java Green, along with the wonderful Thyme Square, donated an incredible amount of outstanding food for the more than 800 guests. Wayne Pacelle, CEO of the Humane Society of the U.S. gave an inspirational talk, and visitors enjoyed the performance of Dave Kitchen and the Demolition. Thanks to all of our generous friends over $40,000 was raised for the rescued animals. A huge thanks to everyone who attended or generously donated and helped us to make this our most successful event ever! In November, we had another record attendance for our Thanksgiving with the turkeys. We were able to have the event outside again this year, and except for a little rain, a fun time was had by all (especially the turkeys!). The huge potluck offered dozens of delicious vegan dishes, but watching the animals enjoy treats at their table was the highlight of the day.

“I am sometimes asked ‘Why do you spend so much of your time and money talking about kindness to animals when there is so much cruelty to men?’ I answer: ‘I am working at the roots.’

—George T. Angell (1823-1909)
Are you someone who would love to bring a farm animal home but just don’t have the room? Then a sponsorship of your favorite animal is the answer! For a small monthly donation you can help support the animal of your choice—your sponsorship will help cover food, bedding and veterinary costs. You will receive a framed photograph and your animal’s story, along with the opportunity to visit in person. Sponsorships also make a unique gift for friends and relatives! With your support we can continue to rescue even more animals who desperately need a home.

**Monthly Sponsorship Rates**

- Chicken .................. $5.00
- Rabbit .................. $7.00
- Turkey .................. $8.00
- Goat .................. $15.00
- Sheep .................. $15.00
- Pig .................. $20.00
- Cow .................. $25.00
- Horse .................. $30.00

If you would prefer, sponsorships can also be paid on a quarterly or yearly basis.

**Thank you for helping us to save animals!**

Please make check payable to Poplar Spring Animal Sanctuary.

Please mail your completed sponsorship form to:
Poplar Spring Animal Sanctuary
P.O. Box 507
Poolesville, MD 20837

Phone: 301-428-8128
E-mail: info@animalsanctuary.org
Web: www.animalsanctuary.org

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**Yes! Please sign me up!**

Please print all information clearly.

I would like to sponsor a ___________________________ (type of animal).

Name __________________________________________

Street Address ___________________________________

City, State, Zip ___________________________________

Phone _______________ E-mail _______________

☐ Check Enclosed for $ __________ ☐ Monthly ☐ Quarterly ☐ Yearly

☐ Charge $ __________ to my Visa/MasterCard ☐ Monthly ☐ Quarterly ☐ Yearly

Credit Card Number ___________________________ Exp. Date ___________

Signature ______________________________________

☐ This is a Gift Sponsorship

Name of Recipient _______________________________

Street Address ___________________________________

City, State, Zip ___________________________________

I would like more information on: ☐ Volunteer Opportunities ☐ Gift Donations
Yard Sale and Silent Auction Donations Requested

Do you have good quality items (anything except clothing or shoes) at home that you don’t need? Why not help the animals and donate them to our giant yard sale on July 23 or, for new or antique items, to our silent auction at the Fundraiser on Sept. 25. All donations are very much appreciated, and you will receive a receipt for tax purposes. If you own or know of a business that might be willing to donate any goods or services for the auction, we would be very grateful, and the animals will thank you too!

Upcoming Events

To ensure fun and safety for all, No Dogs at any events, please!

Run for the Animals – Sunday, May 22, 2005 8:30 a.m. (details on page 3)

Montgomery County Farm Tour – Saturday, July 23, 2005 10 a.m. – 4 p.m. Come on out and meet the animals and enjoy hay rides, ice cold lemonade, veggie burgers and veggie dogs. Shop for t-shirts, sweatshirts, and handmade crafts in our gift shop. And don’t forget about our annual giant yard sale, held in the carriage barn. Events will be held rain or shine, and all sales benefit the rescued animals.

Eighth Annual Open House and Fundraiser – Sunday, September 25, 2005 1-5 p.m. Our biggest event of the year – and everyone’s invited! Come enjoy a live band, delicious catered food and drink, a fabulous silent auction, clowns, and the opportunity to stroll around and visit the rescued animals. Erik Marcus, author of Meat Market, will be the keynote speaker. RSVP requested.

Thanksgiving with the Turkeys – Saturday, November 19, 2005 12 noon – 4 p.m. Come celebrate Thanksgiving WITH the turkeys – join our eight friendly turkeys and all their friends in celebrating a cruelty-free Thanksgiving potluck. Please bring a vegan (no meat, dairy, or eggs) dinner or dessert item to serve 8. $10.00 suggested donation to benefit the animals. No charge for children under 16.